

Evidence based practices in alignment with learning theory, the science of learning, and curriculum development support the effective instruction of adult learners. Guiding principles include:

Share Clear Learning Objectives: [Learning objectives](#) clarify purpose and intended outcome, support students in understanding what is important, and facilitate objective and effective evaluation. It can be helpful to pre-brief complex patients with learners in clinical settings.

Be Transparent with Learners: Let your learners know [why the topic matters](#)